

Telephone: 01296 688799

www.overstone-wing.bucks.sch.uk

Email: admin@overstone-wing.bucks.sch.uk Headteacher Mr Kevin Bowskill BA (QTS)

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Dear Parents/Carers

## **SWIMMING GOGGLES PERMISSION FORM**

ROSPA has made a number of recommendations with regard to the use of goggles for swimming:-

- 1) Use goggles with a British Standard or other well-known make
- 2) Avoid using goggles with rough or unpadded edges
- 3) Rinse goggles before use
- 4) Push goggles to the top of the head when removing
- 5) Not to pull goggles forward
- 6) Not to use goggles in a crowded pool

Goggles are not necessary for normal swimming and in order to comply with the BSA and statutory requirements, I would ask you to complete the following reply slip, if you would like permission for your child to wear goggles during swimming lessons at school.

Kind regards

Headteacher
Please complete this section and return to school

## **SWIMMING GOGGLES**

- I agree that I shall be responsible for teaching my child to put goggles on and take them off correctly.
- I agree that goggles will be worn throughout the lesson at all times, when the child is in the water.
- I agree that, unless this form is retracted in writing, my child will only be allowed to swim provided he/she is wearing goggles.
- I note the advice of ROSPA and the BSA, that the wearing of goggles can be dangerous.

Child's name	Class
Parent/Guardian's signature	Date