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Coline safety newsletter

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Parental controls: Our children are online a lot more these days. Here is a reminder for how to use parental controls on different devices. As well as setting up parental controls on the device itself, remember to check any app your child would like on their device. Is it suitable for their age? Are the settings for privacy up to date?

Games/Consoles: First, remember to check the PEGI rating. PEGI is an age classification, it is not a description of the difficulty level of a game. Visit PEGI here: https://pegi.info/

For any new consoles, it is important to set up controls such as restricting spending limits and managing who they can communicate with. Follow the links below to find out about parental controls for each device:

- Nintendo: https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html
- PS5: https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/
- Xbox: https://www.xbox.com/en-GB/community/for-everyone/responsible-gaming

Parental controls on mobiles – WHY? Set Content & Privacy controls Restrict the use of built-in apps or features Prevent explicit content and content ratings Prevent web content Restrict Game Center Restrict Siri web search Prevent App Store purchases

HOW? In the 'screen time settings' menu, select 'apps limits', then 'add limit'. From there, you can choose 'all apps' and categories or place controls on specific options: social media, games, entertainment etc.

For more information: https://www.consumerreports.org/smartphones/how-to-use-parental-controls-on-a-smartphone-

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Apple: Use parental controls on your child's iPhone, iPad and iPod touch – Apple Support (UK)