

# Infant School Newsletter Monday 27th February 2017

This week we are participating in Healthy lifestyles and sports week. During this week the children will be taking part in lots of different sports activities, in addition to their usual PE lesson including:

- Fitness and circuit training led by a personal trainer
- Skipping workshops
- Dodgeball competitions
- Learning about healthy eating and the importance of a balanced diet and exercise
- In Year 1 we will be looking at 3D shapes in maths
- Exploring in our Forest School sessions
- Sounding out and blending in phonics

### Yoga

Last week we started our Yoga sessions with Mrs Pearson. The children really enjoyed the first session where we learnt some basic yoga poses and focussed on our breathing. These sessions will be continuing until the end of term (apart from this week, due to sports week).

## Forest School

Forest school will be running until the end of the school year. They will run at the normal times. Please ensure that your child comes to school equipped with the following: long sleeved tops and bottoms, waterproofs, wellies and hat and gloves. We have some spares but not enough for everyone or to fit some of the taller children.

## Everyday Essentials

Please can you send your child to school with a hat, scarf and gloves every day. Please provide your child with a bottle of WATER to have in the classrooms to drink through the day, as it is of great benefit to them.

## Year 1 & 2 Sports Club

The sports clubs are back on - for Year 2 children from 3.15-4.15pm on Thursdays and Tuesdays 3.15-4.15pm for Year 1 with a specialist sports coach. The children can bring in a small snack to eat before the club.

## Carrier Bags (Year 1 - Miss Barby's Class)

Please can you ensure that you pack an extra carrier bag in your child's forest school kit if they take part in the sports club on a Tuesday. This will help to keep school uniform separate from forest school kit when they are changing into their sports kit. Many thanks.

## Dates for your diary

13th March- Open Classrooms from 3.30-4.15pm 16th March- Grandparents' morning from 9.00-10.15am 24th March- Muffins with Mum

If you have any questions please don't hesitate to contact us.

Kind Regards, The Infant School team